



DClinPsy Open Day 2023



Pauline Adair

Joint Programme & Academic Director / Professor

Teaching days...

Teaching usually takes place weekly on a Thursday with some Fridays:

- Teaching days comprise 4 x 1.5 hour sessions – 9.30-5pm
- Number of teaching days varies across the year and depends on size of module:
- Small teaching block in Sept/Oct

Teaching is generally led by experts:

- Clinical Psychologists in the HSC
- The course team staff
- Guest Lecturers



What informs our curriculum...

We aim to train reflective scientist-practitioners to meet the workforce needs of Northern Ireland

The content is informed by:

- Standards of proficiency HCPC
- BPS guidance
- Feedback from services

Many key stakeholders who continuously review our teaching content:

- Representatives of BPS DCPNI SIGs
- Trainees
- Experts by experience
- School of Psychology Education Committee
- University
- External Examiners



What we cover in teaching...

- **Teaching involves the application of theory to practice to develop skills in 'Assessment, Formulation and Intervention'**
 - Apply theories and systemic thinking to help us understand the development and maintenance of distress: e.g. Attachment, psychodynamics (defense mechanisms, transference etc.), psychological flexibility, psychometrics, neuropsychology
 - This leads to practice in applying different intervention models: e.g. CBT, systemic, psychodynamic, ACT
 - Learn how to tailor approaches for use across the life-span (child, adult to older adult) and clinical contexts (LD, physical health, mental health etc.)

Year	Module	Summative Assessment	Formative Assessment
1	Clinical Psychology 1	Clinical Report 1	PAGs (Reflective practice groups) Annual Appraisal
2	Clinical Psychology 2	Clinical Report 2	PAGs (Reflective practice groups) In vivo Assessment Annual Appraisal
3	Clinical Psychology 3	Clinical Report 3	PAGs (Reflective practice groups) Balint group (new for 2024) Annual Appraisal



Mon 2 Oct 9.30-11.00	Clinical Psychology 1	Professional and Ethical Issues in Clinical Psychology 1	Pauline Adair	03.504
11.15-12.45	Clinical Psychology 1	Professional and Ethical Issues in Clinical Psychology 1	Pauline Adair	03.504
1.45-3.15	Clinical Psychology 1	Professional and Ethical Issues in Clinical Psychology 1	Pauline Adair	03.504
3.30-5.00	Clinical Psychology 1	Professional and Ethical Issues in Clinical Psychology 1	Pauline Adair	03.504
Tue 3 Oct 9.30-11.00	Clinical Psychology 1	Introduction to Psychodynamic Psychotherapy 1	Bridget Tiernan	03.504
11.15-12.45	Clinical Psychology 1	Introduction to Psychodynamic Psychotherapy 1	Bridget Tiernan	03.504
1.45-3.15	Clinical Psychology 1	Introduction to Psychodynamic Psychotherapy 2	Bridget Tiernan	03.504
3.30-5.00	Clinical Psychology 1	Introduction to Psychodynamic Psychotherapy 2	Bridget Tiernan	03.504
Wed 4 Oct 9.30-11.00	Clinical Psychology 1	CBT 6 – Behavioural Activation and Behavioural Experiments	Alison McKenna	03.504
11.15-12.45	Clinical Psychology 1	CBT 6 – Behavioural Activation and Behavioural Experiments	Alison McKenna	03.504
1.45-3.15	Clinical Psychology 1	CBT 7 – Cognitive Methods	Alison McKenna	03.504
3.30-5.00	Clinical Psychology 1	CBT 7 – Cognitive Methods	Alison McKenna	03.504
Thur 5 Oct 8.30-9.45	Clinical Psychology 1	Personal Awareness Groups	A McKinney/ C Fry/J Slane	GRS 01.008/GRS 0G.12/C Fry Office
11.15-12.45	Applied Research 1	Introduction to Quantitative Research	Sara Lorimer	03.504
1.45-3.15	Clinical Psychology 1	Risk Assessment	Nora Lavery	03.504
3.30-5.00	Clinical Psychology 1	Risk Assessment	Nora Lavery	03.504
Fri 6 Oct		Study		

Assessments

Modular course: Each module includes an assessment:

Summative

- Case studies – one per year

Formative

- Observed role play
- Peer development through reflective practice groups
- Role-plays in class
- Problem-based learning





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Questions about what
we teach and how?

